CORA LAB

TRAINING FOR LIFETIME

HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
7:00/8:00	CORA.ZONE	CORA.HYBRID		CORA. HYBRID	CORA.ZONE	
8:00/9:00	CORA.HYBRID	CORA.ZONE	CORA.HEART	CORA.ZONE	CORA. HYBRID	
09:15/10:15	CORA.ZONE	CORA.HYBRID	CORA.ZONE	CORA.HEART	CORA.ZONE	
10:15/11:15	CORA.HEART	CORA.ZONE	CORA. HYBRID	CORA.ZONE	CORA. HYBRID	
11:30/12:30	CORA.ZONE REH	CORA.ZONE SCULPT	CORA.ZONE REH	CORA.ZONE SCULPT	CORA.ZONE REH	
13:00/14:00	CORA.HEART		CORA.ZONE		CORA.HYBRID	
14:00/15:00						
17:00/18:00	CORA.HYBRID	CORA.BALANCE PILATES	CORA.HYBRID	CORA.BALANCE PILATES		
17:15/18:15		CORA.ZONE		CORA.ZONE		
18:00/19:00	CORA.ZONE		CORA.ZONE		CORA.ZONE	
18:15/19:15		CORA.BALANCE BODY BALLET		CORA.BALANCE BODY BALLET	CORA.BALANCE ASHTANGA	
18:30/19:30		CORA.HYBRID		CORA.HYBRID		
19:15/20:15	CORA.HYBRID		CORA.HYBRID			
19:30/20:30	CORA.BALANCE BODY BALLET	CORA.BALANCE YOGA	CORA.BALANCE BODY BALLET	CORA.BALANCE YOGA	CORA.BALANCE RESTAURATIVO	
20:15/21:15	CORA.ZONE		CORA.HEART			
20:30/21:30		CORA.ZONE SCULPT		CORA.ZONE REH		